



NIAGARA SOCCER LEAGUE EXCESSIVE HEAT POLICY

With the changing climate conditions, the Niagara District has seen an increase in the number of high heat days during the outdoor playing season. To ensure a safe and enjoyable playing experience, the Club shall govern competitions and training in the following manner with respect to high and/or extreme heat. **Where the predicted air temperatures (including the Humidex) reach the following thresholds, the Club shall take the following actions two (2) hours and thirty (30) minutes prior to a match or training:**

No less than two and a half (2 ½) hours prior to kick off, any match to be cancelled must be emailed immediately to: niagarasoccerleaguegm@gmail.com

Predicted Temperature at Match Kick-off or Training Time:

32C and under (including humidex)

- Proceed as normal

32C and 38C (including humidex)

- Match to proceed. The Match must have at least one, 2 minute water break in each half. It is up to the discretion of the Referee and/or coaches to provide additional water breaks in each half. For those situations where teams can not field a minimum of 11 players, it is recommended that both coaches and referee(s) agree to shorten the game by at least 10%
- Additional breaks should be incorporated into the training session

Over 38C (including humidex)

- Match is cancelled
- Training sessions are to be cancelled

We use the Weather Network only, to make these decisions.

****Please use discretion if playing on artificial turf as these can be 10 degrees hotter than grass fields, so adjustments will have to be made.****

If a Club does not email the League Admin prior to 2 ½ hours before the kick-off time of a match and a game is not canceled in sufficient time to notify referees, the club will be responsible for paying referees a half game fee.