Niagara Soccer League

Rules and Regulations 2025

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*Privacy Policy (Niagara Soccer Association)*

*It is understood that I can contact the Niagara Soccer Association or my own Club to review the information on file and if necessary, can correct any or all information. It is understood that all information on file is not provided or given to any other organization. The information is for soccer requirements and not to be used for any other purpose.*

**Operational Policies Preamble**

Ontario Soccer (OS) is the governing body for soccer in Ontario and is responsible for the sanctioning and oversight of leagues in Ontario.

**Code of Conduct**

Administrators, Executive Committee Members, League Officials, Match Officials, Match Assignors, and registered Team Officials must conduct themselves on and off the field (at all times when dealing with soccer related activities) in such a manner as to set an example when followed and enable every player to be a credit to the game. Executives and League Officials shall investigate all reports and any non-compliance that they directly observe and advise Team Officials and Club Administrators of any non-compliance with the League’s Rules & Regulations as soon as possible.

1. **Management**
   1. The affairs of the League(s) will be overseen by Niagara Soccer Association staff and board of directors.
   2. The League office staff, are not authorized to change or modify league policies or wave or adjust administrative fines or disciplinary fines.
   3. The Niagara Soccer Board of Directors has the sole right to modify, change, add, or delete League Operational Policies. Changes to Operational Policies made by the League will be communicated to the participating Clubs at least 14 days before adoption of the changes.
   4. All regular schedules will be maintained on the NSL website (niagarasl.com). The website administrators will be responsible for the preparation of these schedules. The League Scheduler will review all schedules before they are finalized. Maps to all fields, a copy of the Rules and Regulations and all other needed information for all teams will also be available on the website. At the Annual Coaches Meeting, coaches will be made aware of major changes in the Rules and Regulations.
   5. A waiver form, provided by the League, will be given to all teams, stating that the team officials have read and understand these Rules and Regulations, and that they agree to abide by them. The waiver is to be signed by the Team Staff and returned to the League Administrator, prior to May 15th of the current year.
   6. Coaches should contact their Home Club with any and all concerns they may have with regard to information posted on the website. If the concern is valid, the Club will contact the appropriate NSL official about the concern.
   7. Only registered team officials may contact the NSL administrator regarding game issues.
   8. CLUBS ARE RESPONSIBLE FOR THE CONDUCT OF THEIR TEAM OFFICIALS, PLAYERS AND SPECTATORS, ON AND OFF OF THE FIELD OF PLAY, DURING ALL GAMES.
   9. If two age groups are combined, all rules default to the higher age group other than game nights. See League Schedule.
2. **League Fee**
   1. The annual League fee will be proposed by the NSL office staff and adopted by the Niagara Soccer Board of Directors
   2. The 2025 team entry fee will be as follows: U8 $350.00, U9-U17 $375.00, U21 & Women $400.00
   3. The NSL reserves the right to add additional league fees for unforeseen incurred expenses.
   4. A bond of $250.00 is required from all Clubs prior to the start of the season.
3. **Team Registration**
   1. All team registrations for U8 to Senior must be fully completed and received by March 1st of the current year, along with the team registration fee.
   2. Registration fees are to be mailed to NSA 94 Dunkirk Rd Unit 6, St. Catharines, ONT L2P 3H4
   3. If payment of all outstanding fees, bonds and fines is not made, the application may be rejected.
   4. Acceptance of applications received after the April 15th deadline of the current year will be at the discretion of the Executive and will be subject to a $100.00 late fee.
   5. Any team withdrawing after March 31st of the current year will forfeit their team registration fee. Clubs must send official written notification to the League.
   6. Any team withdrawing after the coaches meeting will forfeit their team registration fee and be assessed an additional penalty of $250.00
   7. Each team must register players as per the Rules and Regulations of Ontario Soccer (OS).
   8. Players will be allowed to register with only one NSL team.
   9. Each team must play in its own age level unless otherwise approved by the League and it must comply with Ontario Soccer (OS) Published Rules.
   10. The player registration deadline for the League will be set for July 31st of the playing year. No registration or transfer of players will be permitted after the July 31st deadline.
4. **Team Regulations**
   1. There is an open roster system for U8-U12, however a completed game day roster with all player names, SEOS numbers, jersey numbers, and birthdates must be available at the beginning of the game.
   2. Grassroots (U8-U12) and Youth Competitive (U13-U18) players and Team Officials must be present with their photo on an OSCAR generated official team roster which has been approved by the District.
   3. Each team may dress a maximum number of players as set forth by the Rules and Regulations of Ontario Soccer (OS).
   4. IT IS MANDATORY upon request that all players U13 and older will provide a valid OSA official team roster or Player Registration Book to the opposing team officials, a minimum of 15 minutes prior to kick-off of the game to avoid any delays. Players (except for house league call ups) not producing either an official team roster or a player registration book ARE NOT ELIGIBLE TO PLAY and cannot sit on the bench.
   5. Team refusal or inability to produce books or a photo roster will result in a game forfeit. The match official will allow a reasonable time delay for a team to produce a photo roster or player cards prior to any forfeit. Any player and/or team official not in possession of their player card or roster may not participate in the game or sit on the bench. The match official will mark the game sheet accordingly if books are checked.
   6. If no photo rosters or player cards are available for the entire team the game will not be played, and the team will forfeit the game. The opposing team will win the game and be awarded the points. The score will be recorded as 3-0. If the game is played despite one team having no roster or player cards, while waiting for the roster or player cards to arrive, the result of the game will be void and the team with no player cards or roster will forfeit the game.
   7. Players U13 and older arriving after the game starts, can only participate if they present a valid team photo roster or registration book, to the opposing team officials. Players arriving after the start of a game will be allowed the opportunity to present their photo roster or player book during any stoppage in play. Any delayed time will be added to the game time by the match official.
   8. Teams from the same Club playing in the same division may not interchange players in the U13 to U18 age groups. Teams may call up players from teams within their own club or from a lower tier team playing in the same age group in the youth competitive (U13 and older) soccer age groups as per the Niagara Soccer Rules and Ontario Soccer Rules and Regulations.
   9. Youth Competitive U13 and older teams will be allotted three (3) Blackout events.
   10. Blackout events are for sanctioned festivals/tournaments.
   11. U13 and older teams may use one (1) of their three (3) black out events for graduation or exams (in June only). This one (1) event will consist of a maximum 7 consecutive days including weekends. Blackout dates must be submitted by April 15th of the playing year.
   12. A Blackout event (except for graduation/exam) can only be the days a festival/tournament is being run. The day before and after shall only be part of the blacked-out event when traveling more than 100 kms from the Niagara District borders.
   13. For Ontario Cup entrants, re-scheduling considerations will be allowed.
   14. Only High School OFSSA Finals tournament re-scheduling considerations will be allowed if three (3) or more youth competitive players registered to the same team are eligible to play. The day before and after shall only be part of the re-scheduling when traveling more than 100 kms from the Niagara District borders to the OFSSA Finals tournament. Proof of participation will be required, and all decisions will be at the League’s discretion.
5. **Player Eligibility**
   1. In U9 – U12, under aged players are allowed to be rostered and the appropriate paperwork must be completed and be on hand at the club if the NSL needs to request the forms. Once these players are approved for the higher age group team, they must remain on that team only for the remainder of the season.
   2. The Executive reserves the right to investigate any question of player eligibility and deal with it in accordance with the League Rules and Regulations.
   3. Protests regarding the eligibility of players will not be acknowledged if the team photo roster or player books have not been checked.
   4. U8 teams may dress a maximum of 12 registered players for a game. The game shall be played by two teams each consisting of not more than 5 players (5v5), one of whom shall be the goalkeeper.
   5. U9 & U10 teams may dress a maximum of 14 registered players for a game. The game shall be played by two teams each consisting of not more than 7 players (7v7), one of whom shall be the goalkeeper
   6. U11 & U12 teams may dress a maximum of 18 registered players for a game. The game shall be played by two teams each consisting of not more than 9 players (9v9), one of whom shall be the goalkeeper.
   7. Teams in all other divisions may dress a maximum of 20 registered players for a game. The 11-player format will be used for the youth competitive aged groups.
   8. U8 teams must field at least 3 players or the game will not be played.
   9. U9 - U10 teams must field at least 5 players or the game will not be played.
   10. U11 & U12 teams must field at least 6 eligible players or the game will not be played.
   11. Teams U13 and older must field at least 7 eligible players for a game. Subject to the match official’s approval, teams will be allowed 15 minutes after the scheduled start of the game to field the minimum number of players. Failure to do so will result in the game being forfeited. A 3-0 result will be the officially recorded score.
   12. In the event that neither team in U13 and older can field at least 7 eligible players, the game will be forfeit by both teams. No points will be awarded to either team.
   13. Any team U13 and older unable to field at least 7 eligible players for a game on 3 separate occasions may, at the discretion of the Executive, be suspended from further league play.
   14. All grassroots game day roster players must follow the Grassroots Standards regarding the maximum number of games played per week.
   15. A “call up” is any player who is not registered on the OSA team roster.
   16. Teams U13 and older may call up a maximum of 5 (five) players per game and an individual may only be called up a maximum of 9 (nine) times to any given team per season.
   17. Eligible call-up players that come from outside their own Club’s respective program, in the youth competitive soccer age groups, (U13 - U18), may play a maximum of three games, each game requires a valid Temporary Eligibility Permit (TEP) that must be obtained from the NSA, as per Ontario Soccer Published Rules. A player must present the TEP to the opposing team officials to participate in the game.
   18. Regional or IModel players from a lower age group may be used as call-ups. Players registered in the OPDL are ineligible to play in this League.
6. **Team Officials**
   1. All team officials must be registered with the District Association through their Club.
   2. All team officials must have the appropriate coaching certifications as required according to the National Coaching Certificate Program/OS certification. To be reviewed annually and will follow the guidelines of the OS Requirements.

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| **POSITION** | **CERTIFICATIONS REQUIRED** |
| Head Coach | Coaching Certificate (U8 Fundamentals, U9-U12 Learning to Train, U13 and older Soccer for Life), Making Ethical Decisions, Respect In Sport, Making Headway, Rule of Two, Emergency Action Plan |
| Assistant Coach | Coaching Certificate (U8 Fundamentals, U9-U12 Learning to Train, U13 and older Soccer for Life), Making Ethical Decisions, Respect In Sport, Making Headway, Rule of Two, Emergency Action Plan |
| Manager | Respect in Sport, Making Headway |
| Assistant Manager | Respect in Sport, Making Headway |

* 1. All certifications must be completed prior to the start of the season.
  2. If anyone on the staff has Respect in Sport (RIS) from another organization such as hockey, they only need to put in their number from that course on the RIS for soccer. This is good for 5 years.
  3. All team officials must be on either their official team photo roster or have their OSA registration books available at all times. If the roster or book(s) are not available, the official(s) name will not be entered on the game sheet and the official(s) will not be allowed to sit on the player bench.
  4. A head coach may only be registered to one team per age group.
  5. A minimum of one certified coach must be present on the bench for a game to be played.
  6. A minimum of 1, and a maximum of 4 team officials, which are rostered to the team, are permitted to sit on the bench, all of whom must be entered onto the game sheet. Only team officials included in the team application will be allowed to sit on the bench.
  7. Team officials may be added to, or changed from, the team application by notifying the League in writing. Each team must notify the League in writing within seven (7) days of any change in team officials, or team official’s information. (Email address, phone numbers etc.)
  8. Team officials will coach within the technical area which is one meter from either side of the bench and 1 meter from the touchline. Team officials are not permitted to walk up and down the sideline or obstruct the view of the assistant referee.
  9. Team officials are not allowed on the playing field unless summoned by the game official.
  10. Teams are responsible for the conduct of their players, officials and spectators on and off the field before, during and after a scheduled game by the League.

1. **Match Officials**
   1. All match officials must be OS certified.
   2. All match officials must be aware of the rules for Grassroots Soccer and the rules of the League.
   3. All U8-U12 games will require one match official. Match officials for U8-U12 games will be provided by the Home Club. All referees appointed by the Home Club must be Small Sided Game accredited for 5v5 and 7v7 games and Entry Level accredited for 9v9 games.
   4. All youth match officials should be at least 2 years older than the division they are officiating.
   5. When possible, match officials for U8, U9 and U10 games should be in their second year of officiating. Match officials for U11 and U12 games should be in their third year of officiating. Where this is not possible, match officials will be chosen at the discretion of the Club Head Referee.
   6. All game officials for U13 and older will be appointed by the NSA designated game official appointer. The League will provide the NSA with a schedule of these games.
   7. When possible, match officials for Women’s Division Premier must be a minimum level 7 referee.
   8. When possible all games U13 and older will have a referee and two assistant referees assigned to them but games will still be played with one to three match officials. A game may begin at the Referee’s discretion with no Assistant Referees.
   9. If the appointed Referee does not show, the senior Assistant Referee will assume the duties of the Referee.
   10. All Clubs will make every reasonable attempt to ensure that no match official is directly related to any game participant.
   11. All match officials must sign all game sheets and enter all the scores into the E2E system. All Caution, Dismissal and Special Incident Reports must be recorded into the E2E System within 48 hours of the game.
   12. Decisions will be made to the best of the referee’s ability per the Laws of the Game and the ‘spirit of the game’ and will be based on the opinion of the referee who has the discretion to take appropriate action within the framework of the Laws of the Game.
   13. The Referee has the authority to take disciplinary action from the time they arrive at the facility until the time they leave the facility.
   14. All match officials will be notified via the E2E match official scheduling package (RefCentre) about all game changes and cancellations.
2. **5-Minute Pause**
   1. In U8-U12 games, match officials will be adopting the use of the 5-minute pause when needed.
   2. Should there be actions from players where the use of a yellow/red card is not permitted or dissent/abuse from anyone where the referee does not feel safe, the “5-Minute Pause” will be used.
   3. The referee will initiate the “5-Minute Pause’ protocol by using the following new signal:
      * Blowing the whistle twice while raising both arms above their head and crossing them at the wrists and then putting up a single hand to indicate that the match will be suspended for 5 (five) minutes and
      * Match officials shall then inform a player from both teams and/or the coaches while maintaining a safe distance from the source of the dissent/abuse.
      * The players will go to their benches and may leave the field of play to receive instructions from their coach.
      * The match official shall remain in an area where they feel safe, either between the technical areas off the field or at midfield near the centre circle.
      * After 5 (five) minutes, the referee shall restart the match, provided the dissent/abuse has subsided.
      * Should issues persist, the referee will abandon the match, blowing the whistle three times, raising both arms above their head and crossing them at the wrists to indicate a second “5-Minute Pause” as the reason for ending the game.
3. **Match Official Payment Policy**
   1. Match official fees schedule as per Appendix “B”
   2. When a game is cancelled after the match officials have arrived, the match officials will be paid half of the published game fee by the home team. If the home team does not show up, then the match official must contact the NSA for payment. The League does require the match official to complete the game sheets and include a reason why the game was cancelled.
   3. The Match Officials will be paid the half game fee for games that are not started while at the field due to the following:

* The field, at the match official’s discretion is unplayable.
* The field is closed by the municipality, owner or league.
* The match officials were not contacted at least 2 hours prior to the game start time and appear at the field
* One or both teams do not show up after the grace period has elapsed.
* One or both teams have less than the minimum number of players required to kick off the game.
  1. If the match officials are notified 2 hours prior to the scheduled kick off time, the game officials will not be paid for the game.
  2. If the game officials are notified less than 2 hours prior to the scheduled kick off time, the game officials will be paid half of the published fee.
  3. If a game is called after having started the game, the game officials are to be paid in full.

1. **Laws of the Game**
   1. All U8-U10 games will follow the most current version of the ‘Small Sided Laws of the Game’.
   2. All U11-U12, games will follow the most current versions of the IFAB Laws of the Game and the ‘Differences Between 9v9 and 11v11 Games”.
   3. All U13 and older games will follow the most current version of the IFAB Laws of the Game.
2. **Game Sheets**
   1. Electronic game sheets must be provided for all age groups and be given to the match official prior to the start of any game. Failure to do so will result in all players ruled ineligible, the game will be forfeit and the opposing team will win the game and be awarded the points. The score will be recorded as 3-0.
   2. Teams will supply the match official with three (3) copies of a completed E2E generated game sheet a minimum of 15 minutes prior to the start of the game. A hand-written game sheet may be used in certain cases when the E2E generated version is not available at game time. However, the E2E generated version must have been completed online prior to the game start and be available to the referee to allow game notes to be recorded. The match official will not commence the game without receiving all completed game sheets.
   3. All officials’ names and their SEOS registration numbers are to be recorded on the game sheet. No one shall be allowed on the player’s bench without being in possession of a team photo roster or staff book/player book and listed on the game sheet.
   4. Teams will incur a $100.00 fine for any ineligible coaches on the game sheet or bench during a game.
   5. ALL PLAYERS must be listed on the game sheet to be eligible to play.
   6. All players, team officials and call ups must have valid SEOS registration numbers on the roster listed beside their name. If not listed on the roster, they are not allowed on the team bench.
   7. Player information must include the following:

Player name

Player jersey number (every player must have an individual, distinct number).

SEOS registration number

Players Date of Birth

* 1. All players listed on the game sheet will be deemed to have played. (Players may be removed from the game sheet by stroking through the players name and SEOS registration number, prior to the start of the game). Players arriving after the start of the game are to be added to the game sheet. The player cannot enter the field of play until the match official has been notified of their arrival and they have presented their Photo Roster or Player Registration Book to the opposing coach (U13 and up).
  2. All call up players shall be clearly identified on the game sheets. Hand written not electronic.
  3. Players under suspension shall not be entered on the game sheet and are not allowed to sit on the bench.
  4. Teams found to have more than 20 players on the game sheet will forfeit the game to the opposing team by a score of 3-0. Disciplinary action will follow.
  5. At the end of the game the match official will complete the game sheets. The match official will provide the Home team with one copy of each game sheet, the Away team with one copy of each game sheet, and will keep the remaining game sheets for online reporting. After the online reporting is completed, the match official will be required to keep the game sheets in their possession until the end of the season or they can be mailed/dropped off to the NSA office.

1. **Home Club & Team Responsibilities** 
   1. Home clubs will be responsible for the provision of the following. Failure to do so will result in the home team being fined. The game official will note all inadequate field equipment on the game sheet.
      1. Grassroots soccer field size (as per OS guidelines)
      2. Field markings (as per FIFA Rules)
      3. Appropriately sized goals and nets (as per OS guidelines)
      4. Corner flags – minimum of 5 feet in height
      5. Two (2) size 4 game balls (U8-U12) or two (2) size 5 game balls (U13 and older)
      6. Field lights (when required)
   2. The Home team is responsible for the payment of game officials. Payment must be made in cash and in suitable denominations at least 15 minutes prior to the start of the game and given to the match official(s). Referees will not commence the game until payment is received. Games that are not started due to failure to pay the appropriate fees will be considered abandoned. Forfeiture and fine disciplinary actions will follow.
   3. Report all match official no-shows to the League within 24 hours.
2. **Uniforms**
   1. All players shall wear regulation soccer equipment as outlined by FIFA and OSA Rules including shin guards.
   2. All teams must play all their games in their registered team colours.
   3. All Players including goalies must be identified by a number on the back of their shirt and such number will be recorded against the players’ name on the game sheet. All numbers must be legible. Players wearing the same numbered jersey shall be considered ineligible, and subject to the appropriate fines and penalties.
   4. The HOME team shall change to their alternate colours if, in the opinion of the match official, the colours are similar.
   5. If the HOME team is unable to provide an alternate strip, then the visiting team will be consulted to determine if they can provide an alternate strip. The HOME team will be subject to the appropriate fine. If neither team can provide an alternate strip and the referee determines the game cannot be played, the game will be rescheduled with the home team providing a field and game date within 14 days of the originally scheduled game date, subject to any final week contingencies. The administrator and scheduler will be advised of the proposed rescheduled date. Failure of the Home Team to provide a date and field will be subject to fine.
   6. Goalkeepers’ uniforms must be distinguishable from that of the game officials and all out-field

players including the opposing goalkeeper.

* 1. Players shall not wear anything that endangers themselves or other players at the referee’s discretion.
  2. Jewelry is not permitted and cannot be taped. Medic Alert bracelets are the exception if they are fastened securely so as not to bring danger to any other player. The match official should be aware of any player that is wearing one of these. Any hair apparel must be of soft fabric: no hard plastic or metal items are to be worn.
  3. Sports hijabs/headscarves are permitted. The color must be black or match the main colour of the team uniform.
  4. Undershorts/tights must be the same colour as the main colour of the shorts or the lowest part of the shorts and players of the same team must wear the same colour.
  5. Players asked to leave the field for equipment reasons may not re-enter until the Referee is satisfied that the equipment is permissible.
  6. A player can return during play after changing/correcting equipment, once equipment has been checked (by referee or assistant referee) and referee signals.
  7. Match officials have the final say on the safety of equipment.

1. **League Schedules**
   1. Clubs must provide an adequate field for each team registered to play at the time of registration. The field must be available for a minimum eight (8) home games and a minimum one (1) Cup game commencing with the Tuesday following Victoria Day in May and ending the week following Labor Day in September. U13 and older teams may be required to play beyond September. Failure to provide adequate fields may result in the expulsion of teams from the League.
   2. The League will endeavor to schedule a minimum one game per week and comply with the Grassroots Standards for Grassroots age groups. Multiple games per week may occur for other reasons.
   3. Games nights will be as follows:

**DAY**

Monday

Tuesday

Wednesday

Thursday

Friday

**GIRLS**

U9, U11, U13

U10, U12, U16 U15, Women

U14, U17, U21

U8

**BOYS**

U14, U16

U11, U15

U10, U13

U9, U12, U17

U8

* 1. Game nights are revisited yearly.
  2. All teams must play on their designated playing night.
  3. All scheduling conflicts must be dealt with by the Club prior to the publication of the

schedule for each playing season.

* 1. Games may be scheduled on Friday and Saturday as required.
  2. The League will determine the final number of teams in each division.
  3. At the discretion of the Executive, and in the interest of competitive play, any division U9 to Adult may be divided into 2 or more distinct tiers.
  4. A minimum of 4 teams per tier will be allowed.
  5. The League reserves the right to combine age groups if required. If two age divisions are combined, the game night for each team’s home games is the game night for their age in the division due to field bookings at club level.
  6. The League reserves the right to adjust tier groupings.
  7. The League reserves the right to alter game schedules in order to balance out divisions to adjust competitive levels.
  8. Teams wishing to play in a higher age bracket will require:

1. A statement by the Club President requesting the change.
2. A letter of recommendation from the Club’s Technical Director.
3. A letter from the coach outlining the reasons for the request.
4. The League and the District will decide on the final Placement.
5. **Game Start Time**
   1. The match official will endeavor to start each game at the scheduled time designated by the League. An allowance of not more than fifteen (15) minutes from the scheduled time shall be made if either team has less than five (5) players in attendance for Grassroots Soccer or seven (7) players for older age groups.
   2. No U8 – U12 game will start after 8:00 pm. No game may start before 6:00 pm on any normal weekday. No games shall be played under the cover of darkness at the referee’s discretion.
   3. For Youth Competitive aged soccer U13 and older, games may begin later with fields that have

adequate lights. No game may start later than 9:00 pm. No games shall be played under the cover of darkness at the Referee discretion.

1. **Duration of Play**
   1. The length of games will be:
2. U8: Two (2) twenty (20) minute halves
3. U9 & U10: Two (2) twenty-five (25) minute halves
4. U11 & U12: Two (2) thirty-five (35) minute halves
5. U13: Two (2) forty (40) minute halves
6. U14 – U18: Two (2) forty-five (45) minute halves
7. Women: Two (2) forty-five (45) minute halves
   1. All divisions will have a five (5) minute halftime break.
   2. If for any reason a game is terminated/abandoned before full-time the following shall apply:

a) The game will be considered complete if 10 minutes of the second half have been played in Grassroots Soccer games.

b) The game will be considered complete if 15 minutes in the second half have been played in Youth Soccer games

1. **Substitutions**
   1. Unlimited player substitutions shall be permitted, with the consent of the referee, during a stoppage of play for the following:
2. Scoring of a goal
3. Goal kick
4. Player injury
5. Halftime, including extra time
6. Start of extra time
7. U8 can change on the Fly, No Stoppage required.
8. U9 – U10 on all stoppages in play
9. U11 & U12 on all throw-ins
10. U13 and older on own throw-ins, piggy backing is permitted
11. **Game Postponement**
    1. All games shall be played as scheduled by the NSL unless:
       * 1. At the discretion of the game official, postponement is necessary due to inclement weather or unplayable field conditions.
         2. At the discretion of the League’s Executive, a game may be subject to postponement.
         3. A game is postponed at the discretion of the Municipality responsible for the field.
    2. Only the League will send notice by email to both Clubs, Coaches and Match Officials confirming the game postponement or a Field/Time Change.
    3. In the case of weather-related field cancellations:

The home team Club will notify the League, the opposing Club and opposing Team contact by email of any field cancellations no later than two (2) hours prior to the game start time. Unless confirmation by the opposing Club has been received, the Home team’s club must have a representative at the field to inform the visiting team. Team/Club contacts are supplied and are also available on the League website.

1. **Game Rescheduling**
   1. Only the League may reschedule a game. Any special request must come from the Club. The League will not entertain requests from teams.
   2. NO GAME WILL BE RESCHEDULED UNLESS APPROVED IN WRITING BY THE NSL EXECUTIVE, EXCEPT FOR THOSE CONDITIONS STATED BELOW.
2. a game being played is abandoned due to poor weather conditions, the game will be replayed if less than 10 minutes of the second half have been played in Grassroots Soccer games or 15 minutes in the youth competitive age groups, after which time the results of the match at the time of stoppage shall stand. The referee shall be the sole judge of the elapsed time.
3. In the event of extreme weather conditions, games may be cancelled by the League providing as much notice to the Clubs as possible.
4. A park official has declared the field unplayable and will not allow a game to start or continue.
5. If a field becomes unavailable for a regularly scheduled game because of the pyramid of play, the Home Club will advise the League convenor in writing and the game may be rescheduled at the discretion of the League Executive.
   1. ANY GAME PLAYED ON A NIGHT OTHER THAN THE SCHEDULED NIGHT, WITHOUT THE PERMISSION OF THE LEAGUE, WILL BE FORFEITED BY BOTH TEAMS, SUBJECT TO THE APPROPRIATE FINES AND PENALTIES.
   2. Games cancelled during the final week of the season will be rescheduled at the discretion of the League Executive.
   3. The home team club scheduler will be required to submit two alternate dates to the League within 72 hours by email to reschedule the postponed game. Weekends will be excluded from the 72-hour period for rescheduling purposes.
   4. Particulars of all rescheduled games must be forwarded to the NSL.
   5. The League will notify the coaches and clubs of the date and time of any rescheduled game.
   6. The League will give a minimum 48 hours’ notice for any rescheduled game.
   7. Weekends may be used for rescheduling games providing both Clubs agree to the date and time and it meets the Leagues rescheduling guidelines.
   8. The original Home team shall remain responsible for all costs including match official fees and field costs.
6. **League Standings**
   1. No scores or standings will be used for U12 and lower Grassroots Soccer games.
   2. Standings in each division shall be determined from game results based on the formula of three (3) points for a win, one (1) point for a tie, and zero (0) points for a loss.
   3. In the event of a tie in the league standings between two or more teams at the end of regular season, the following criteria will be used to determine the League winner:
7. Head-to-Head
8. Goal Differential
9. Goals For
10. Least Number of Yellow/Red Cards
11. Playoff Game
    1. The League Champion (U13 and older) shall be the team which accumulates the greatest number of points.
12. **League Cup**
    1. Field costs are to be paid by the home team except for games booked by the League.
    2. A player may only participate in the Cup with the team/club to which they are registered as per League and OS rules.
    3. A player shall NOT play for more than one team in the competition. All players are Cup tied to their team game day roster as per the first game in the Cup.
    4. If a player plays for a second team, the team will automatically lose the game (if won) and disciplinary action will be taken.
    5. All types of Short-Term Registration Permits (STRP) and Temporary Eligibility Permits (TEP) shall not be permitted in the competition. Call-ups from within the Club’s recognized House League program only are permitted.
    6. All Cup games will be single game knockout unless otherwise noted.
    7. If the game is tied at the end of regulation play, the teams will go directly to penalty kicks which will be taken as per IFAB Laws of the Game.
    8. If the game is called during penalty kicks a new date will be rescheduled and penalty kicks will be replayed. The game sheet team roster will remain the same. No new players will be allowed.
    9. In all League cup games, if 10 minutes or more are played in the 2nd half the result of the game will stand.
    10. All League Cup, match official game fees are to be split equally between teams and paid in cash fifteen (15) minutes prior to the start of the game. League Cup final match official fees will be paid for by the NSL.
    11. If a game needs to be rescheduled, both teams will be responsible for the match official fees.
    12. A “Festival Finals Weekend” will be held at the end of the current season for all teams U8 – U12.
    13. The match official game fees for the Festival Finals Weekend will be paid for by the NSL.
13. **Discipline**
    1. The NSA will handle the accumulation of cards.
    2. No yellow and/or red cards shall be issued to players for U8-10 Grassroots Soccer.
    3. Yellow and/or red cards shall be issued to players for the U11-12 Grassroots Soccer and to U13 and older youth divisions.
    4. Yellow and/or red cards shall be issued to team officials at all age divisions.
    5. Teams accumulating cards will be fined as per Appendix “A”
    6. Discipline will be held under OS Policy Section 12 and 13. with the first level of discipline being held under the NSA and appeals going to Ontario Soccer.
    7. All discipline reports, along with the game sheets, must be submitted by the match official, within 24 hours of game completion.
    8. Discipline Reviews (DBR) and Discipline Hearings (DBR) will be held as per published dates.
    9. For matters that fall under DBR, a written request for Hearing must be received 72 hours after the completion of said game, along with the hearing fee as per Appendix “A” (non-refundable as per OS Policy).
    10. Team officials and players subject to possible discipline, may continue to participate in League play, including Cup games, until their scheduled hearing date, with the exception of alleged match official assault.
    11. Discipline in the case of alleged match official assault will result in the immediate suspension of the accused until they appear before the NSA disciplinary committee.
    12. It is the responsibility of the Club to ensure any team official, and player attends their scheduled discipline hearing. Non-attendance at a discipline hearing will result in the immediate and indefinite suspension of any accused parties until they appear before the NSL discipline committee.
    13. Any team official who pulls his/her team off the field (game abandonment) is subject to a discipline hearing.
    14. If a game is abandoned at any point due to the actions of players, officials or spectators/supporter of a team, the offending team/Club will be subject to discipline.
    15. Playing an ineligible or suspended player(s) in a sanctioned game may result in a Discipline Hearing. A loss for the team for all games in which the player(s) participated may result.
    16. Appeals against any decision by the League may be made to the District Association (NSA). Any such appeal must be made in accordance with the District Association by-laws.
14. **Forfeits/Fines/Penalties**
    1. Fines and sanctions will be assessed as per Ontario Soccer (OS) Rules and per Appendix “A”.
    2. Failure to submit payment of fines within 15 days will result in a late fee as per Appendix “A”.
    3. Clubs will be solely responsible for any and all fines incurred by their teams.
    4. Clubs will be advised of the following rule infractions as soon as they are made known to the league:
15. Playing an ineligible player
16. Smoking while on the player bench
17. Team official sitting on player bench while suspended
18. Use of alcohol while on the player bench
19. **Protests**
    1. All protests will be reviewed by the NSL Committee.
    2. Any Protests resulting from the referees’ interpretation of the FIFA laws of the game will not be acknowledged.
    3. Protests will not be accepted unless they are received from an officer of the Club.
    4. Protests are to be forwarded to the League and accompanied by a $100.00 protest fee, within 48 hours of the occurrence. Protests must be recorded on the game sheet.
    5. If the protest is upheld, the protest fee will be returned.
    6. Any protest under the League Cup Weekend Tournament format must be submitted to the League immediately following the game along with the protest fee.
20. **Matters Not Included**
    1. All matters not herein provided for affecting the conduct and operation of this League, or of an emergency nature, shall be dealt with by the Executive in accordance with the NSA and/or OSA Constitutions, Policies and Procedures.

**Appendix “A” Schedule of Fines, Fees, Bonds and Penalties**

**LEAGUE FEES**

1. Per Team: U8 $350.00, U9 – U17 $375.00, U21 & Women $400.00
2. Bond per Club $250.00​

**​DISCIPLINE FEES**

* Discipline Hearing Administrative Fee $75.00
* Discipline Review Administrative Fee $50.00
* Request for Hearing Fee $100.00
* Request for Postponement Fee $100.00
* Failure of an organization to attend Discipline Hearing $200.00

**FINES**

* Team Withdrawal Fee after March 31 (Loss of registration fee)
  + U8 $350.00
  + U9 – U18 $375.00
  + U21 & Women $400.00
* Team Withdrawal after Coaches’ Meeting (in addition to loss of registration fee) $250.00
* Game abandonment $250.00
* Missing field and/or game equipment $25.00
* Failure of the Home team to provide an alternate jersey automatically fined $50.00
* Failure to return a signed Code of Conduct waiver $50.00
* Failure to update the website with game results within the League mandated

48 hour time frame $25.00

* Inaccurate or incomplete game sheet (per infraction) $10.00
* Playing an ineligible player: $100.00
  + All games in which the ineligible player participated will be forfeit
* Dressing more than the maximum number of players $100.00 ​
  + The Head coach will be suspended for 2 games
* Smoking while on the team bench $200.00 ​
* Team official removed from a game $50.00
* Team official sitting on player bench while suspended $100.00 ​
  + Game will be forfeit
  + Team official will be subject to discipline
* Unregistered person sitting on bench in coach or manager capacity $100.00
* Use of alcohol while on team bench $200.00 ​
* No Club representative at coach’s meeting $150.00
* Abandoned Game Fine $250.00

ACCUMULATION OF CARDS

* Team accumulating 4 dismissals (red cards) $50.00
* Team accumulating 8 cautions (yellow cards) $50.00
* Team accumulating a combination of 10 red or yellow cards $100.00

PENALTIES

* Minimum Late Fee for Fines (15 days) $25.00

*\*\* All team fines will be deducted from the $250.00 Club bond. Clubs will be advised regularly by email of any fines assessed to them. If the accumulation of fines reduces the Club bond to less than $100.00, the Club will be required to replenish the bond to the original $250.00 before any teams are allowed to participate further. A 2-week grace period, after notification from the League, will be allowed to replenish the bond. \*\**

**Appendix B: Referee (Match Official Fees)**

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| --- | --- | --- |
| **Age Division** | **Referee Fee** | **Assistant Referee Fee** |
| U8 | $25.00 | N/A |
| U9 | $30.00 | N/A |
| U10 | $30.00 | N/A |
| U11 | $40.00 | N/A |
| U12 | $40.00 | N/A |
| U13 | $55.00 | $40.00 |
| U14 | $60.00 | $45.00 |
| U15 | $60.00 | $45.00 |
| U16 | $65.00 | $50.00 |
| U17 | $70.00 | $55.00 |
| U18 | $70.00 | $55.00 |
| Women | $85.00 | $65.00 |